

## ABSTRACT

A forearm guard is disclosed wherein the components thereof provides both effective impact protection to the forearm and perspiration absorbing capability to prevent moisture from effecting the user's grip. In the preferred embodiments of the invention, the forearm guard comprise a sleeve of stretchable material and a flexible impact absorbing pad affixed to the forearm portion of said sleeve. The sleeve is preferable comprised of washable fabric that includes an elastomeric component, and/or is woven to provide stretchability. The sleeve can be of any suitable length and diameter effective to secure the impact absorbing pad over the forearm and thereby protect the forearm of the wearer during an athletic activity. In the preferred embodiments of this invention, the forearm guard is particularly suitable in the protection of the forearm of a baseball player from a wild pitch during batting.

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